

How do I see a SmartEater Dietitian with my insurance?

You need to first identify the type of insurance (HMO, PPO, or Medicare), and refer to the following table to see if you fulfill the requirement according to your insurance plan.

	HMO	PPO	MEDICARE
IPA / insurance carriers	Allied Pacific IPA Advantage Health Accountable Health Network IPA Advantage Care Advanced Primary Care Network, IPA Arroyo Vista FHC Central Health Plan Greater Orange MG Greater San Gabriel Valley Physicians IPA Hispanic Physician Association Maverick /Prospect Medical Please call for the most updated list if you cannot find your HMO plan above.	Please email or call for the most updated list	Medicare Part B
Physician referral / Authorization needed?	Yes	No	Yes
Medical condition needed	Medical necessity	Based on individual plan. Example of diagnosis: Diabetes, obesity, hypertension, hyperlipidemia, underweight, bariatric surgery, eating disorders	Diabetes Renal disease Stage 4 (non dialysis)
Coverage	upon approval copay may vary	medical condition needed and <u>coverage is specific to each insurance plans</u>	1 assessment, 4 follow-ups per year
Please make sure	Authorization letter, insurance and ID to be brought to the appointment	Call ahead to ensure coverage before setting up an appointment	MD referral must be obtained before appointment

* Above information are subject to change.

For all HMO insurance holders, please request the visit from your family doctor first.

For all PPO insurance holders, please provide us with all of your information so that we can call and verify eligibility and coverage before setting up an appointment
Appointments are usually scheduled 2-3 weeks ahead of time.